

## TO OUR SURGICAL PATIENTS:

Some herbal over the counter medications may affect your surgery causing severe reactions to anesthesia, excessive bleeding and other problems. These reactions could be life threatening.

Please stop any herbal supplements you may be taking now or at least 2 weeks prior to your surgical date.

Please stop Omega oils, vitamin E, fish oil and any other blood thinning product. This would include ASPIRIN, COUMADIN and WARFRIN.

Tylenol is usually ok to take right up to the surgery date.

Thank you.